

Town of Plymouth
80 Main Street
Terryville, Connecticut 06786

Human Services Commission
Telephone: (860)585-4001
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Human Services Commission Meeting Minutes
July 21, 2026

1. **Call to Order & Note Fire Exits:** Chairwoman Cathy Beaudoin called the July 21, 2026, Human Services Commission Meeting to order at 7:00 p.m. in the mayor's conference room and noted the fire exits.

2. **Roll Call:** PRESENT: Chairwoman Cathy Beaudoin, Vice-Chairman Mark Malley, Commissioner Sarah Sandshaw, and Carin Grunwald from HRA.

3. **Pledge of Allegiance:**

Chairwoman Cathy Beaudoin led the group in the Pledge of Allegiance.

4. **Public Input:** None

5. **Acceptance of Minutes – June 16, 2026**

A motion was made by Commissioner Sarah Sandshaw, seconded by Vice-Chairman Mark Malley to accept the minutes of June 16, 2026. This motion was approved unanimously.

6. **Communications/Correspondence:**

Chairwoman Beaudoin went over the June Bank of America bank statement for the Cleveland Trust Fund.

7. **Human Services Report:** *See attached report for June 2026.*

The Commission would like Carin Grunwald to attend Rotary Club meetings. Vice-Chairman Mark Malley will attend, as well.

8. **New Business:**

a. **Thomaston Savings Bank 2026 Community Needs Grant Cycle Litchfield County**

Chairwoman Beaudoin stated that last year 75 - \$50.00 gift cards were purchased from the grant. The Cleveland Trust Fund paid the difference. She will work with Commissioner Lee Ulinskas and ask for funds to purchase 100 gift cards. The grant is due July 31, 2026. This is for the Holiday Gift Card program.

Commissioner Sarah Sandshaw will ask the high school in mid-October to create the cards.

9. **Private Fund Request – Executive Session, if necessary:**

A motion was made by Vice-Chairman Mark Malley, seconded by Commissioner Sarah Sandshaw to go into executive session to discuss a private fund request which might involve disclosure of personal information. Carin Grunwald from HRA will be invited. This motion was approved unanimously. The time is 7:19 PM.

2026 JUL 28 PM 1:55
TOWN CLERK'S OFFICE
RECEIVED FOR RECORD
PLYMOUTH, CT
TOWN CLERK
Cathy Beaudoin

A motion was made by Vice-Chairman Mark Malley, seconded by Commissioner Sarah Sandshaw to go back into regular session at 7:35 PM. This motion was approved unanimously.

Vice-Chairman Mark Malley reported that no motions were made in executive session as a private fund request was withdrawn. The Commission discussed the issue regarding the applicant who was referred to in the letter from Carrie Tedd to the mayor complaining of HRA's performance and determined that HRA acted appropriately.

A motion was made by Vice-Chairman Mark Malley, seconded by Commissioner Sarah Sandshaw to send a letter to the mayor referencing the complaint from Ms. Tedd. This motion was approved unanimously.

A motion was made by Vice-Chairman Mark Malley, seconded by Commissioner Sarah Sandshaw to send the following letter that will be typed by Chairwoman Cathy Beaudoin:
Dear Mayor Sekorski,

The Human Services Commission received the attached complaint to investigate the matter and discussed it at our last mtg of July 21st. We have found that in all respects, HRA acted appropriately and that the complaint was unfounded. This motion was approved unanimously.

10. Old Business: None

11. Monthly Financial Statement:

See previous discussion under Communications/Correspondence.

12. Chairwoman's Comments:

Chairwoman Beaudoin thanked everyone for being patient with this process.

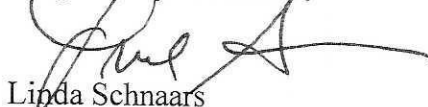
13. Council Liaison's Comments:

Chairwoman Beaudoin stated that Councilwoman Sue Boilard stopped in during executive session as she had a prior meeting that ran over. She is excused for the night.

14. Adjournment:

There being no further business of the Human Services Commission, a motion was made by Commissioner Sarah Sandshaw, seconded by Mark Malley to adjourn. This motion was approved unanimously. The meeting ended at 7:45 p.m.

Respectfully submitted,



Linda Schnaars
Recording Secretary



Human Resources Agency of New Britain, Inc.
Community Services Department
Plymouth Human Services Monthly Report
June 2026

Submitted by: Carin Grunwald, Helen Supsinskas
Reporting Period: June 1, 2026 – June 30, 2026

Services	Total Count
Phone Calls	135
Walk-ins	14
Appointments	34
Energy Assistance	9
Housing Inquiries	11
Medicare/Medicaid/Husky/Access Health	4
SNAP Apps/Renewal/Food Bank Referrals/Farmers Market Cards	46
Private/Rotary Fuel Bank	3 request
Senior Services - Home Care, Renters Rebate, Elder/Disabled Tax Reduction, EPS, CHORE Services, Mobility	19
Information Services – Legal, Mental Health Counseling, Homelessness, Financial Services, Employment/Training, Veterans Services, Volunteering, Transportation	86

Donations Shared With Community:

This month, an essential items bag was provided to a client additionally, two gift cards were distributed to community members in need:

- A \$50.00 Dollar General Gift card was provided to a client who recently lost SNAP benefits due to new eligibility requirements.
- A \$50.00 Dollar General Gift card was provided to a client who resides in a hotel.

These resources helped address immediate financial and household needs for vulnerable community members during the month.

Private/Rotary Fuel Bank

Emergency Fuel Help Requests- 2

- 1 for heating oil. Rotary Funds were utilized to provide 100 gallons of oil to the client.
- 1 for electric bill assistance, still in progress.

Town Fund Request- 1

- Client is requesting \$1000.00 in rental assistance from the private town fund.

Donations from the Community:

Community Member has donated two ac window units , which are currently being stored.



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Energy Assistance:

The Energy program is currently closed. Applications will begin again in September 2026. Clients must re-apply for Energy assistance every year. There were 9 requests for assistance with the WRAP program (water bill reduction) and CL&P for (shut off notices, matching payment plans, and the newly restructured tier levels.)

VITA Tax Services:

Vita Tax services have ended. Any questions from clients pertaining to Tax returns done in the Plymouth Town Hall are directed to the VITA staff.

Community Outreach:

A variety of informational resources are continually available to the community. The resource table has been updated to include information on the new AWBOD requirements for SNAP recipients, ensuring community members have access to the most current eligibility and compliance information.

HRA and the Parks and Recreation Director will host the second annual Back to School Move night on August 16, 2026. @ Ososki Park. The event will support families by offering free school supplies, snacks, and an enjoyable evening together at no cost.

The Case Manager will be presenting a three part educational series for local seniors in collaboration with the Parks and Recreation Department. The series will focus on computer literacy, including creating and managing email accounts, using mobile apps, navigating social media platforms, and developing basic technology skills. This collaboration aims to increase senior's confidence and comfort with technology.

Case manager will attend the Salvation Army Litchfield chapter Service Unit Meeting@ Webster Bank Thomaston, on July 22, 2026.

Veterans Services: Directed to Veterans Strong.

Veterans Benefits Outreach Friday, July 24, 2026 9 am – 11 am Plymouth Town Hall.

Members from VBA and VHA will be present, as will the Municipal Vet Rep to answer your questions and discuss general benefits veterans can apply for and receive. All Veterans are welcome regardless of branch of service or character of discharge.

Presented by: Veterans Strong Community Center

Elder Services:

22 Farmers Market cards have been issued this month.

2 requests for information about Meals on Wheels program.

3 Transportation request

19 renters rebate requests referred to the tax department.