

Town of Plymouth
80 Main Street
Terryville, Connecticut 06786

Human Services Commission
Telephone: (860)585-4001
Fax: (860)585-4015

Human Services Commission Meeting Minutes
September 15, 2026

1. **Call to Order & Note Fire Exits:** Chairwoman Cathy Beaudoin called the September 15, 2026, Human Services Commission Meeting to order at 7:00 p.m. in the mayor's conference room and noted the fire exits.

2. **Roll Call:** PRESENT: Chairwoman Cathy Beaudoin, Vice-Chairman Mark Malley, Commissioner Sarah Sandshaw, Commissioner Morgan Hoadley, Carin Grunwald from HRA and Councilwoman Sue Boilard.

3. **Pledge of Allegiance:**

Chairwoman Cathy Beaudoin led the group in the Pledge of Allegiance.

4. **Public Input:** None

5. **Acceptance of Minutes – July 21, 2026**

A motion was made by Commissioner Morgan Hoadley, seconded by Commissioner Sarah Sandshaw to accept the minutes of July 21, 2026. This motion was approved unanimously.

6. **Communications/Correspondence:**

Chairwoman Cathy Beaudoin reported that Thomaston Savings Bank awarded \$3500.00 to purchase senior gift cards. The grant was written to ask for \$5,000.00 to purchase 50 - \$100 gift cards.

The Committee will talk about this next month to figure out how much is needed out of the Cleveland Fund to offset the shortage.

7. **Human Services Report:** *See attached report for July & August 2026.*

Vice-Chairman Mark Malley asked what the status is with HRA and the mayor regarding the contract.

Carin Grunwald stated there is no contract. The mayor is going to be following up with Dr. Marlo Greponne. Carin Grunwald stated she emails the mayor her monthly report.

8. **New Business:** None

9. **Old Business:** None

10. **Monthly Financial Statement:** Nothing to report.

PLYMOUTH, CT
TOWN CLERK'S OFFICE
RECEIVED FOR RECORD
2026 SEP 16 AM 10:45
Cathy Beaudoin
TOWN CLERK

11. Chairwoman's Comments:

Chairwoman Beaudoin thanked everyone for coming out.

13. Council Liaison's Comments:

Vice-Chairman Mark Malley asked if there is any talk about replacement on the Commission.

Councilwoman Sue Boilard is trying to find a replacement.

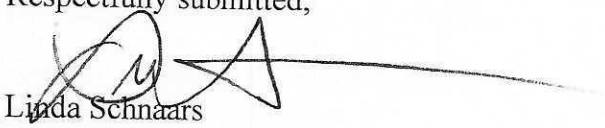
A discussion took place about how many spots are opened on the Commission. There is currently one vacancy for a regular member and two alternates.

Councilwoman Sue Boilard will try to get a balance on the accounts.

14. Adjournment:

There being no further business of the Human Services Commission, a motion was made by Commissioner Morgan Hoadley, seconded by Commissioner Sarah Sandshaw to adjourn. This motion was approved unanimously. The meeting ended at 7:24 p.m.

Respectfully submitted,



Linda Schnaars
Recording Secretary



Human Resources Agency of New Britain, Inc.
Community Services Department
Plymouth Human Services Monthly Report
July 2026

Submitted by: Carin Grunwald, Helen Supsinskas
Reporting Period: July 1, 2026 – July 31, 2026

Services	Total Count
Phone Calls	149
Walk-ins	19
Appointments	26
Energy Assistance	17
Housing Inquiries	7
Medicare/Medicaid/Husky/Access Health	7
SNAP Apps/Renewal/Food Bank Referrals/Farmers Market Cards	22
Private/Rotary Fuel Bank	3
Senior Services - Home Care, Renters Rebate, Elder/Disabled Tax	14
Reduction, EPS, CHORE Services, Mobility	
Information Services – Legal, Mental Health Counseling, Homelessness,	
Financial Services, Employment/Training, Veterans Services,	
Volunteering, Transportation	105

Donations Shared With Community:

This month, an 2 essential items bags was provided to a client's additionally, three gift cards were distributed to community members in need:

- A \$50.00 Dollar General Gift card was provided to a client who needed diapers and other baby items
- A \$50.00 Dollar General Gift card was provided to a client who is currently out of work.
- A \$50.00 Dollar General Gift card was provided to a client living on a fixed income.

These resources helped address immediate financial and household needs for vulnerable community members during the month.

Rotary Fuel Fund and Church Fund/Donations

Emergency Fuel Help Requests- 2 for assistance with electric bills

Town Fund Request- 2 Rental assistance request

1 request was for \$1200.00, commission approved a one time payment of \$600.00. Case manager sourced funding from the Main Street Community foundation for the additional \$600.00.

1 request was rescinded, as client was not eligible to receive funding.

Donations from the Community:

None to report.



**Human Resources Agency of New Britain, Inc.
Community Services Department
Plymouth Human Services Monthly Report
July 2026**

**Submitted by: Carin Grunwald, Helen Supsinskas
Reporting Period: July 1, 2026 – July 31, 2026**

Energy Assistance:

The Energy program is currently closed. Applications will begin again in September 2026. Clients must re-apply for Energy assistance every year. There were 17 requests for information on this year's program as well as assistance with the WRAP program (water bill reduction) and CL&P for (shut off notices, matching payment plans, and the newly restructured tier levels.)

VITA Tax Services:

Vita Tax services have ended. If there are any questions from clients pertaining to Tax returns done in the Plymouth Town Hall are directed to the VITA staff. The VITA program will start again January 2027.

Community Outreach:

A variety of informational resources are continually available to the community. The resource table has been updated to include information on the new ABOWD requirements for SNAP recipients, ensuring community members have access to the most current eligibility and compliance information.

HRA and the Parks and Recreation Director will host the second annual Back to School Move night on August 16, 2026. @ Ososki Park. The event will support families by offering free school supplies, snacks, and an enjoyable evening together at no cost.

The Case Manager presented part one of a three part educational series for local seniors in collaboration with the Parks and Recreation Department. The series is focused on computer literacy, including creating and managing email accounts, using mobile apps, navigating social media platforms, and developing basic technology skills. This collaboration aims to increase senior's confidence and comfort with technology

The Case Manager and Parks & Recreation Director provided a free trip for senior citizens utilizing the new pilot transportation program through Northwestern Transportation. Seniors were transported to the Torrington Senior Center, where they enjoyed lunch and received a tour of the facility.

Veterans Services: Directed to Veterans Strong.

Elder Services:

11 Farmers Market cards have been issued this month.

0 requests for information about Meals on Wheels program.

2 Transportation request

12 renters rebate requests referred to the tax department.



Human Resources Agency of New Britain, Inc.
Community Services Department
Plymouth Human Services Monthly Report
August 2026

Submitted by: Carin Grunwald, Helen Supsinskas
Reporting Period: August 1, 2026 – August 30, 2026

Services

Total Count

Phone Calls	143
Walk-ins	21
Appointments	30
Energy Assistance	22
Housing Inquiries	7
Medicare/Medicaid/Husky/Access Health	9
SNAP Apps/Renewal/Food Bank Referrals/Farmers Market Cards	26
Private/Rotary Fuel Bank	1
Senior Services - Home Care, Renters Rebate, Elder/Disabled Tax	14
Reduction, EPS, CHORE Services, Mobility	
Information Services – Legal, Mental Health Counseling, Homelessness,	
Financial Services, Employment/Training, Veterans Services,	
Volunteering, Transportation	110

Donations Shared With Community:

3 gift cards were provided this month.

A \$50.00 Adams gift card was provided to a client who lost SNAP due to new rules.

A \$50.00 Adams gift card was provided to a client who lost SNAP due to new AWBOD rules

A \$50.00 Dollar General gift card was provided to a client who needed to purchase school supplies for her child.

Rotary Fuel Fund and Church Fund/Donations

Emergency Fuel Help Requests- 0

Town Fund Request- 0

Donations from the Community:

A donation of \$50.00 was provided to the Human Services office, Case manger used the money to purchase candy for the Back to School Movie Night

Energy Assistance:

The Energy program is currently closed. Applications will begin again in September 2026. Clients must re-apply for Energy assistance every year. There were 22 requests for information on this year's program as well as assistance with the WRAP program (water bill reduction) and CL&P for (shut off notices, matching payment plans, and the newly restructured tier levels.)



Human Resources Agency of New Britain, Inc.
Community Services Department

Plymouth Human Services Monthly Report

August 2026

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VITA Tax Services:

Vita Tax services have ended. If there are any questions from clients pertaining to Tax returns done in the Plymouth Town Hall are directed to the VITA staff. The VITA program will start again January 2027

Community Outreach:

A variety of informational resources continue to be made available to the community. The resource table has been updated to include information regarding the new AWBOD requirements for SNAP recipients, ensuring that community members have access to the most current eligibility and compliance information.

The Case Manager spent two days distributing information regarding the new AWBOD requirements for SNAP and Medicaid. Outreach efforts included visits to several local businesses, hotels, schools, grocery stores, and the library. The Case Manager also spent a morning at the Plymouth Food Pantry distributing information to clients and participants in the summer meal program.

HRA and the Parks & Recreation Director hosted the second annual Back-to-School Movie Night on August 16, 2026, at Ososki Park. The event was very well attended and provided families with free school supplies, snacks, and an enjoyable evening together at no cost.

The Case Manager presented part two of a three part series for local seniors in collaboration with the Parks & Recreation Department. The series focuses on computer literacy.

The Case Manager is also collaborating with the library to assist clients in qualifying for the Laptop Connect Program. This program provides eligible clients with a computer through a long term lease arrangement, with ownership at the end of the lease period.

Veterans Services: Directed to Veterans Strong.

Elder Services:

5 Farmers Market cards have been issued this month.

0 requests for information about Meals on Wheels program.

1 Transportation request

8 renters rebate requests referred to the tax department.